

Elaine S. Goldberg, PhD, ATR-BC

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Maryland License # 03083
District of Columbia License # PSY1768

PROFESSIONAL EXPERIENCE:

October 2021 to Present	Solo private psychology practice	Annapolis, MD
	Relocated private practice of clinical psychology to Annapolis, MD at the above address. This includes both in-person consultations and psychotherapy in the office with children, adolescents and adults. Areas of specialization include treating anxiety, depression/mood disorders, adjustment disorders, dealing with grief and loss, eating disorders, and attention deficit hyperactivity disorder. I have also expanded my insurance participation to include Medicare.	

Children's National Medical Center
Clinical Psychologist, Hospitalist Division

Washington, DC

Consult to pediatric inpatients and outpatients and their families, addressing psychological issues related to medical conditions, attention deficit disorders, mood disorders, developmental and learning disorders, anxiety, and general adjustment disorders. Services were provided via secure telehealth sites because of health safety concerns over transmission of Covid-19 from March 2020 through Oct 2021. Subsequently, I returned to working in person at the hospital consulting to inpatients and continuing a limited amount of telehealth services to outpatients.

July 2000 to December 2013	HSC Pediatric Center until 2005; Children's C CNMC/HSC Clinical Psychologist	Washington, DC
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I conducted individual, group, and family psychotherapy and individual psychological assessment as part of the CNMC Hospitalist's Division at HSC Pediatric Center with children and adolescents hospitalized for acute and chronic illness, severe injuries (including head injuries) and those receiving rehabilitation services following orthopedic or other major surgeries. I conduct routine psychological screenings with newly admitted children and adolescents and more in-depth evaluations of cognitive, developmental, and personality characteristics as needed. I've developed specialized experience in working with a highly diverse population, having personal fluency in Spanish, and working through interpreters. I have conducted family therapy in Mandarin and Amharic through interpreters with parents from other countries. I work together as part of a medical team (which includes physicians nurses, physical therapists, speech therapists, occupational therapists, and recreational therapists to develop individualized behavior plans to improve patient compliance with their medical care and promote optimal behavioral/emotional health. In

addition, I supervised and trained psychology externs and practicum students in learning how to work directly with patients, document their work, and participate as part of the treatment team.

In addition, coordinated training of psychology externs, evaluating applications for training; interviewing; selecting candidates; communicating with graduate school supervisors; and providing individual and group supervision for students learning testing and psychotherapy.

Advocated for patients requiring updated Individual Education Plans to assure appropriate school placements and services. Attended and participated in IEP meetings.

September 2009
to
2012

**The George Washington University Doctor of
Psychology Program**
Clinical Instructor

, DC

Supervises graduate students conducting psychotherapy as part of their clinical training program teaching them how to apply techniques of Cognitive Behavioral Therapy, Behavior Modification, Interpersonal Psychotherapy, Psychodynamic Psychotherapy, and Family Systems Psychotherapy. Writer also reviews and instructs students in documentation and report writing for the patient records.

October 1993
to
July 2000

DC Commission on Mental Health Services
Clinical Psychologist

Washington, DC

I was responsible for admitting, evaluating, diagnosing, providing therapy, and discharging children and adolescents with emotional/behavioral problems. Performed clinical assessments and psychological testing. Acted as clinic director during the director's extended absence; worked as a team leader. Conducted clinic, school, and home-based therapies. Supervised psychology interns and post-doctoral trainees in conducting play therapy, individual, group, and family psychotherapy, and conducting psychological assessments. Taught a seminar on Ethics and Professional Practice to psychology interns. Taught techniques of family therapy through live observation from behind a one-way mirror, calling in recommended interventions to student therapists. Chaired the Institutional Review Board for the District of Columbia, Commission on Mental Health Services, the committee that reviewed and approved all research proposals involving human subjects to be conducted in the Commission with either patients or staff.

1993
to
1995

**Juvenile Intervention Program, DC Commission on
Mental Health Services**
Clinical Psychologist

Washington, DC

Worked with youth who were at high risk for arrest to divert them from becoming involved in criminal activities. Conducted individual, group, and family psychotherapy. Supervised psychology interns.

1989
to
1991

Anchor Mental Health Association
Art Therapy Consultant

Washington, DC

Conducted art therapy as part of a community-based day treatment program designed to improve social, psychological, and vocational functioning of individuals with chronic psychiatric disorders.

1981
to
1987

**United States Department of Health and Human
Services, Saint Elizabeths Hospital**
Director of Art Therapy

Washington, DC

Developed and organized the Art Therapy Section of the Division of Clinical Support Programs as a professionally distinct unit that provided services to adult, child and adolescent inpatients and outpatients at this large public psychiatric hospital. Developed a

paid clinical training program for art therapy graduate students. In addition, established criteria for awarding professional credentials to clinicians who conducted art therapy at the hospital. Supervised art therapy staff, trainees, and volunteers. Hired personnel, conducted performance appraisals, and developed training plans. Conducted pre-service and in-service training for staff from other professional disciplines at the hospital as well as for community groups to promote better understanding of the work of art therapy. Developed departmental policies and procedures. Conducted long-term and short-term individual, group, and family art therapy and art assessments. In addition, served as a founding member of several mel programs targeting patients with diverse special needs that include the Multi-Cultural Program (for which I conducted a group in Spanish for eight years); a dual-diagnosis (substance abuse and other psychiatric disorder) patient group; and an intensive treatment program for psychiatric inpatients.

1976
to
1981

**U.S. Dept. of Health and Human Services, Saint
Elizabets Hospital**
Art Specialist

Washington, DC

While there was no government classification for art therapists or an art therapy dept. per se at that time, I worked as part of several programs at St. Elizabeths Hospital conducting art therapy. I promoted the idea of developing a formalized art therapy service that was to be organized similarly to existing dance therapy and psychodrama departments at the hospital.

EDUCATION:

1993

The American University
PhD Clinical Psychology

Washington, DC

1981

The George Washington University
MA Art Therapy

Washington, DC

1976

The University of Maryland
BA Fine Art

College Park, MD

CERTIFICATIONS:

Licensed Clinical Psychologist: Maryland #03083
Licensed Clinical Psychologist: District of Columbia # 1768
Board-Certified Art Therapist

PROFESSIONAL AFFILIATIONS:

Member, The American Psychological Association
Member, The Maryland Psychological Association
Member, Medical Staff, Children's National Medical Center and HSC Pediatric Center,
Washington, DC
Member, Medical Staff and Clinical Affiliate, Holy Cross Hospital, Silver Spring, MD
Member, The American Art Therapy Association

PUBLICATIONS:

Goldberg, ES, Gray, JJ, and Mosimann, J. The figure assessment technique: An extension of the body-image assessment technique for the assessment of body-image dissatisfaction in girls ages 4 to 16 years old. Dissertations International 1993.

Goldberg, ES, Gray JJ, and Mosimann, J. 1993. Body Image dissatisfaction and negative eating attitudes in mothers and daughters. Proceedings of the Eastern Psychological Association Annual Meeting.

Kramer, ES* and Iager, AC 1984. The use of art in the assessment of psychotic disorders:

Changing perspectives. The Arts in Psychotherapy, 11, 197-201.

Kramer, ES and Iager, AC. 1984. The effect of haloperidol treatment on the drawings of schizophrenic patients. In The Role of the Imagination in the Healing Process, Irene Jakab (Ed.).

Kramer, ES. The history of art therapy in a large public mental hospital. The American Journal of Art Therapy, 21.

DiMaria, A., Kramer, ES., and Roth, E. (Eds). 1982-1983 Conference Proceedings of the American Art Therapy Association.

Evans, A., Kramer, ES, and Rosner, I. (Eds). 1981-1982 Conference Proceedings of the American Art Therapy Association.

Kramer, Elaine S. Art Therapy Then and Now. Exhibit and Catalogue of captioned art works created by psychiatric patients at St. Elizabeths Hospital in the 1940's under then art therapist, Prentiss Taylor and contemporary art works created within the art therapy department in the 1980's. The exhibit first opened at the headquarters of the US Dept. of Health and Human Services, the opening presided over by Secretary Richard Schweiker and Surgeon General, Dr. Edward Brandt. The exhibit also appeared at the annual conference of the American Art Therapy Association in Philadelphia, PA.

*Also known as Elaine S. Goldberg